

Good habits for study and homework

Homework and study need to be approached in a structured and organised way. They require time management skills and self-discipline. Some things which could assist students:

- At the beginning of each term we recommend parents prepare a study timetable with their child and organize a quiet place at home where students can do school work without being interrupted. Students should leave their phone, television, iPod and any other distractions in another room.
- Have all the equipment needed to complete homework/study on hand before you start working. Time spent looking for pens, paper, files etc. does NOT count as study time.
- Keep good records of tasks to be completed by using a hard copy diary or one of the many phone apps which are available. However, any type of diary only works if it is used and checked regularly.
- Work on the tasks to be done or study for periods of 35—45 minutes followed by a break.
- Take breaks from homework and study, long enough to clear your head

space for the next task. Leave tasks which require a low level of concentration until the end.

- If you are unsure about something seek help as soon as possible.

EXTRA SUPPORT

Attend NASHS Study Group each Monday to Thursday after school in the Library from 3.10pm—4.00pm. Consent form needs to be completed by the parent/guardian to attend these sessions.

Students can search NASHS library from home using their student log in.

There are a number of web sites that provide additional learning and extension work:

- Khan Academy—www.khanacademy.org
- Mathletics—www.mathletics.com.au
- My Tutor—accessible through the Albany City Library at www.library.albany.wa.gov.au



A GUIDE FOR STUDENTS AND PARENTS ON HOMEWORK AND STUDY

HOMWORK / STUDY GUIDELINES

To maximise student achievement we expect that student will spend time at home either completing work or revising work covered in class. There are a variety of forms of homework and study including :

- Completion of class work
- Starting an assignment early
- Preparation for school the next day – organize their bag and equipment.
- Reading assigned work
- Research
- Preparing questions for clarification
- Study for formal assessments
- Watching a relevant documentary
- Daily review - every day students should take time to review what they have done during the day. This is one of the most valuable tasks students can perform as early revision of work means that they will retain more of what has been taught that day

At North Albany SHS we believe that parent

support is integral to student success at school. Homework and study should:

- Support the partnership between school and home.
- Support the student to become an independent learner.
- Help parents keep in touch with their child's school work.
- Help in the achievement of learning outcomes.
- Form part of a learning program.
- Allow time needed to pursue other interests e.g. part time work or sport.

HOW MUCH TIME FOR HOMEWORK / STUDY

As a quick guide all students need to spend at least 15—30 minutes reviewing the work covered in class that day. (Daily Review)

As students move through the secondary years the amount of time devoted to homework and study will increase.

If students are studying ATAR (Tertiary/University Entrance courses) in Year 11 and 12, they would need to be consistently spending 2—3 hours each day on homework and study. (At least 10 - 15 hours per week).

