On Thursday, 20 February, NASHS held its' Awards Assembly to recognize those students in Years 8—11 who achieved academic success in 2013 and to announce recipients of scholarships for 2014. The Year 12 Academic and Scholarships Awards were presented at the Year 12 Presentation Evening last year.

**Verve Energy Scholarship for 2014**
Congratulations to Samuel Gibson on receiving the Verve Energy Scholarship. This Scholarship sponsored by Verve Energy is valued at $1000. Sam received top marks in his studies in Mathematics and Science last year.

**NASHS Act Belong Commit 2013 Citizen of the Year—Sandra Proska**
Sandra was nominated to receive this award for her involvement in school and community events throughout last year.

**Dux Awards 2013**
Congratulations to the following students on receiving the Dux Awards (Highest academic achievement in each year group).

- Year 11 ATAR: Samuel Gibson
- Year 11 VET: Emma Pellicaan
- Year 10: Tahlia Maddison
- Year 9: Katie Dean
- Year 8: Jordan Farmer

**2013 Defence Forces Long Tan Leadership and Teamwork Scholarship**
The recipient of this award was nominated for her leadership skills, ability to work in team environment and commitment to the NASHS values of respect and responsibility. Congratulations to Asha Healy, Year 11.

**Edith Cowan University 2013 Citizenship Award**
Congratulations to Samuel Gibson on receiving this award which recognizes personal excellence and responsibility.
Welcome to the first edition of NASHS newsletter for 2014. Newsletters are published twice per term and they are an important means of celebrating student achievements and communicating with parents. To keep up the information flow to parents we also use our web site, email and SMS. Please check out our NASHS web site at www.nashs.wa.edu.au. It contains information about activities and events, student achievements, school policies, school curriculum etc and is regularly updated. Whereas in the past we mailed out information about parent nights and special events, increasingly we are now emailing, so if you have not yet provided your email address to us it would be appreciated if you could do so. The SMS text message system is yet another important form of communication. Not only is it used to advise parents of student absences but sometimes as a reminder about upcoming events.

The year has started well with a slightly higher number of students than expected. Year 8 students attended a “welcome” camp last week which has helped them to develop a sense of belonging to NASHS. Special thanks go to Susie Wood (Year 8 Coordinator) and her team of staff for organizing the camp.

As well as welcoming new students to NASHS, we have also welcomed some new staff members – Ms Ela Meyer (Science); Mrs Kirsten Hunter (Science); Ms Courtney Lewis (Music); Mrs Maureen Michael (Italian language); Mrs Suzy Maddy (Home Economics); Mrs Linda Onyeka (Maths); Mrs Janet Matwiejew (Dance); Mr Simon Slater (Physical Education); Mr Tom Dimer (Great Southern Academy).

Last year’s Year 12 students performed exceptionally well in their achievement of the WA Certificate of Secondary Education (WACE). They were a committed group of students and it certainly requires commitment to succeed at Year 12 level. 100% of our eligible Year 12’s achieved graduation. NASHS was ranked 28th in the state for the student’s performance in the Australian Tertiary Admissions Ranking (ATAR – for university entry) and at this ranking we were the highest performing school in Albany. A number of students achieved ATAR scores in the nineties with last years dux, Sarah Michael, achieving a fantastic score of 99.1. Sarah also won a scholarship to study at University confirming her dedication to her future studies.

2014 promises to be a very busy year! Staff will be preparing to introduce the new WACE from 2015. We will be working alongside primary schools and the community as we prepare for the arrival of Year 7’s into high school next year. Staff in English, Maths, Science and HASS (formerly S&E) will continue to implement the Australian Curriculum. NASHS is also participating in the Independent Public School development program.

While we will be busy our priority is always to provide the best educational opportunities that we can for our students. We are looking forward to a terrific year.

Regards,

Sharon Doohan
PRINCIPAL

PRINCIPAL’S COMMENT

WHO DO I CONTACT IN TERM ONE 2014

For general enquiries about your child’s progress at school please contact the Year Coordinator or other members of Student Services Team (see the list below). For subject specific issues please contact your child’s subject teacher or the relevant Head of Learning Area.

Yr 8 Coordinator: Susie Wood  
School Nurse: Cathy Watson

Yr 9 Coordinator: Peter Gray  
Aboriginal & Islander Education Officers: Rachel Brown

Yr 10 Coordinator: Lyn Peters  
Student Services Coordinator: Andrew Harrison

Yr 11 Coordinator: Andrew Harrison  
School Psychologist: Brooke Bevan-Wilson

Yr 12 Coordinator: Andrew Harrison  
Chaplain: Ben Wyatt / Jennie Small

AMBULANCE COVER

Parents are advised that if, as part of the school’s duty of care, either the school nurse or a member of the school staff calls an ambulance then the cost of call out and transport is a parent responsibility.

Ambulance costs are not paid by the school. Parents are urged to ensure they have ambulance cover.

HEAD OF LEARNING AREAS AND TEACHERS IN CHARGE

ICT Coordinator: Ian Spurgeon  
English / LOTE / S & E (HOLA): Marc Ruffell

Mathematics / Science (A/HOLA): Jo Stevens  
Physical Education / Health (HOLA): Dave Powell  
Visual Art: Robyn Brindel

Curriculum Leader —Science: Dave Cooper  
Technology & Enterprise / Art (HOLA): Peter Gray  
Business Ed & Workplace Learning: Pamela Green

Curriculum Leader —Society & Environment: Anthony Ritchie  
Library: Pippe Williams

Deputy Principals: Terry Bolt (Years 8, 9), Mark Cullen (Years 10,11,12)

Business Manager: Keely Field
Years 8, 11 and 12 Interim Reports
NASHS staff will be providing parents of students in Years 8, 11 and 12 with a written interim report on their child’s progress in Term One. The reports will be forwarded to parents in the week beginning 31 March 2014.

In the following week, on Wednesday 9 April, all parents of all students from Years 8—12 will have the opportunity to meet with teaching staff to talk about their child’s progress during Term One. The Parent Teacher afternoon will commence at 3.30pm. More information to follow.

Year 9 NAPLAN
Students in Year 9, last sat the NAPLAN two years ago when they were in Year 7. This year the NAPLAN will be held in the week commencing Monday, 12 May. Doing well in the NAPLAN is even more important this year, as students who achieve a Band 8 in Numeracy and some literacy aspects will then be exempt from having to sit the OLNA testing in Year 10 next year (refer to item on Year 10 – future directions).

Information about the 2014 NAPLAN has been provided to parents.

Year 10 Focus – Future directions
Year 10 is a significant year for students as they need to make decisions about their future education. In Humanities and Social Sciences (HASS) this term students will have the opportunity to undertake career education and planning in the lead up to mid Term 2, when they will be choosing the courses they want to study in 2015.

In 2015 all schools in WA will commence implementation of the new WA Certificate of Education (WACE). It is commonly referred to as graduation. It is a record of the academic performance of students in Year 11 and Year 12. By the end of June this year, students in Year 10 will be required to have made decisions about whether to undertake a University bound pathway or a Vocational pathway as they progress through Years 11 and 12.

As always NASHS Year 10 students will have plenty of guidance and support as they make these important decisions. More information about these changes will be provided to students and parents in the near future.

The first step for Year 10 students in their journey towards graduation is to sit the Online Literacy and Numeracy (OLNA) tests. In the week beginning 10 March, Year 10 students across the State will sit the OLNA tests. The only exceptions are those students who achieved a Band 8 or higher last year when they sat the NAPLAN. In order to graduate at the end of Year 12, students must pass the OLNA. If at their first attempt they fail then students will have other opportunities over the next two years to resit the test. Information about the OLNA test has already been forwarded to parents. NASHS Year 10 students have been provided with their personal copy of testing dates.

For enquiries about the NASHS Year 10 career education and planning course, please contact Mr Anthony Ritchie (HASS Curriculum leader). Mr Mark Cullen (NASHS Senior Curriculum leader) can be contacted for general enquiries about the new WACE and OLNA. Both Anthony and Mark can be contacted on 98920611.

Year 10 - Try Tech
A group of Year 10 students have commenced their Try Tech course. This course runs for one day per week for the remainder of the year at the Great Southern Institute of Technology (GSIT). During the course students learn about a variety of trade related jobs including plumbing, carpentry, building and construction, etc.

In Semester two a second Try Tech program will be offered for one day per week in jobs related to retail, hairdressing and beauty therapy.

Year 12 Update
While the year has only just begun for our Year 12 students, there are some very important dates that they need to keep in mind. Year 12 mid year exams will be held in the week beginning Monday, 26 May. While this might seem to be early for “mid year” exams, the reason is that Year 12 courses are generally completed by the end of Term 3 (ie 26 September). In an academic year that comprise approximately 30 weeks, the end of May represents the mid way mark.

The second lot of exams for Year 12’s are then held in the first week of Term 4, with the final state wide WACE exams commencing on Monday, 3 November.

Year 11 and Year 12 Study routines
All Year 12 students should by now be well settled into a routine of homework and study. To be successful, students studying ATAR courses will need to be doing a significant amount of study to keep up with their course work loads.

By now Year 11 students should also be settling into a routine of homework and study. There is never a day that a Year 11 (or Year 12) can say ‘I have no study or homework to do’. Study includes daily review. i.e going back over the days work to ensure there is understanding of the work covered.

Students in Years 11 and 12 have already had some tips provided by their Year Coordinator, Andrew Harrison, about effective study habits. If your child does not seem to be settling into the routines and rigours of Senior School please contact Andrew on 98920611.

Who best to contact?
If at any time you have concerns regarding your child’s progress in a particular subject or course, then please contact the class teacher direct. If concerns are of a general nature, your child’s Year Coordinator is the best contact. The school phone number is 98920611. Office staff will direct your call to the most appropriate person. If you need to leave a voice mail message for the teacher, they will return your call as soon as possible.
STUDENT SERVICES UPDATE

Year Coordinators are an important link between the school, students and parent. If you have any queries regarding the overall progress of your child you should contact the Year Coordinator.

NASHS has a large and dedicated Student Services team who work to provide support to all students in addition to a range of extracurricular activities to develop positive relationships and leadership. Supporting our Year Coordinators are Chaplains, an Aboriginal Islander Education Officer (AIEO), Nurse and Psychologist.

Student Services Team at NASHS:

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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<tbody>
<tr>
<td>Student Services Coordinator</td>
<td>Andrew Harrison</td>
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<tr>
<td>Senior School Coordinator</td>
<td>Andrew Harrison</td>
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<tr>
<td>Year 10 Coordinator</td>
<td>Lyn Peters</td>
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<tr>
<td>Year 9 Coordinator</td>
<td>Peter Gray</td>
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<tr>
<td>Year 8 Coordinator</td>
<td>Susie Wood</td>
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<tr>
<td>Chaplains</td>
<td>Jennie Small</td>
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<td></td>
<td>Ben Wyatt</td>
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<tr>
<td>AIEO</td>
<td>Rachel Brown</td>
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<tr>
<td>School Psychologist</td>
<td>Brooke Bevan-Wilson</td>
</tr>
<tr>
<td>School Nurse</td>
<td>Cathy Watson</td>
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</tbody>
</table>

Electronic Diaries:
NASHS has an electronic online e-diary available for students to purchase for $5.00. This is an exciting new option open to students to assist them in their planning and organisation. Students in all years should be regularly using a diary so that they can keep track of assignment due dates, plan their study and homework time and also be aware of events going on in the school.

This organisation of time is especially important for our senior school students. We have many students in Year 11 and 12 who spend their week at school, TAFE and work placements. They would benefit from a diary to help them manage their time and commitments. Those students who are completing an ATAR pathway and facing exams in the future would also benefit from using a diary.

For more information or to purchase an e-diary students are asked to contact Mr Harrison.

Study Group:
On Wednesday afternoons from 3.05pm-4.30pm we are holding a study and homework group in the library. Teaching staff from different Learning Areas are available and there are some great study skills resources available in the Library for students to use. This is open to all students but I strongly urge Senior School students to attend.

Hawaiian Ride for Youth:
NASHS fundraise money for Youth Focus and the Hawaiian Ride for Youth on an annual basis. Youth Focus support young adults experiencing difficulties in their life and a Youth Focus Counsellor is based at NASHS for half a day each week. We started this year by holding a sausage sizzle on Friday, 21 February which was most successful. The Year 10 and 11 Student Councillors assisted with the running of the BBQ and luckily we had good weather on the day. On Thursday, 13 March our annual Jog—a—thon will be held. The Jog—a—thon also raises funding for Youth Focus.

It is good to see students committed (see the Act Belong Commit article) to a cause and being prepared to fundraise to support others.

(Andrew Harrison—Student Services Coordinator)

CHAPLAIN’S CORNER

Summer holidays have flown by for another year, and for many of us 2014 is a year filled with many changes and new life situations. My oldest son just started Year 1 this year, while Jennie’s youngest son, now an adult, just moved out of home. Maybe your own personal or family situation has changed recently, or maybe you have just moved to NASHS or even just arrived in Albany. We all face different situations and while some people are really looking forward to what lies ahead of them this year, others may not be so confident. Whatever your situation, there are people who can help and support you during this time.

Please make use of the student services offered here at NASHS if you need someone to talk to for whatever reason; Chaplains (Ben and Jennie), the school psychologist (Brooke), the school nurse (Cathy), and the Year Coordinators are all here to help. Don’t forget there are also some great support groups out there in the community which you can look to for some assistance, such as Anglicare and Headspace.

Speaking of Anglicare, they offer a programme called “Saverplus” which as well as providing practical workshops on saving and managing money, also gives you a chance to receive up to $500 to match your savings over a 10 month period. This $500 can be used on education related costs, whether school uniforms, stationery, school camps, computer, study chair or desk, TAFE fees, and so on! Ask us for more information on this fantastic offer!

See you in the year ahead!

(Ben Wyatt and Jennie Small—YouthCARE School Chaplains)

NATIONAL ASSESSMENT PROGRAM
LITERACY AND NUMERACY (NAPLAN)

NAPLAN is an annual national assessment of all students in Years 3, 5, 7 and 9. All students in Year 9 at NASHS will be completing the assessment during the National scheduled times on Tuesday, 13 May, Wednesday, 14 May and Thursday, 15 May 2014.

An Information for Parents Pamphlet has been posted to all Year 9 parents. If you did not receive this information please contact the school.
YEAR TEN UPDATE

Welcome back to school Year 10’s, great to see you all after a refreshing break.

Year 10 is the year you really have to work hard to achieve your best as this is the year that determines your subject choices in Year 11 and 12 and career choices after school. If you want a wide range of choices for the future you will need to achieve the best grades you can.

Some of you may be hoping to get into TAFE courses next year to start a trade. To get into GSIT you need C passes in English and Maths so it is important you strive to get C’s or above as the students with the best grade will be chosen first for the TAFE courses. Employers advise us that some students Literacy and Numeracy skills are not adequate, so practice self-editing with your written work, keep working on trying to improve your spelling and ask for help when you need it.

Other Year 10’s will be looking at studying at university in the future. So once again better marks in Year 10 means you may eventually get better ATAR marks which will eventually mean more choices for which courses to do at university.

Welcome back to a new year at NASHS. I trust you all had an enjoyable and relaxing holiday. We are already into the middle of Term 1 and by now students should be settled into classes and have completed any course changes for the remainder of the semester.

Notes for calendar:
12 March, Year 8 Parent Afternoon 3.30pm - 5.00pm.
(Susie Wood—Year 8 Coordinator)
YEAR ELEVEN UPDATE

Wow the Year 8’s that started high school three years ago have grown up and are now in Senior School. It is amazing how quickly time has flown by. Senior School is completely different to Lower School as I am sure the Year 11’s are finding out. The demands in terms of commitment to work, behaviour, dress standards, attendance and attitude that are placed on students are high. What has been pleasing to see is how most of the cohort have settled in and that they are coping with these demands.

I would strongly encourage all Year 11’s to contact me if they start to struggle with their studies so that we can look at sorting out any problems before they become major hurdles. The main thing for students to remember is that they need to be organized and meet deadlines.

I will be providing both parents and students information about senior school, future careers and tertiary study throughout first semester and I am more than happy to meet with students and parents individually to discuss further.

(Andrew Harrison—Year 11 Coordinator)

YEAR TWELVE UPDATE

It has been fantastic to see our Year 12 students settle into the year so quickly. They are focused and taking their work seriously which is great to see. This is an important year for the students. By doing well now they are setting themselves up for success in the future.

Throughout the year students will be receiving lots of information in regards to exams, university course selections, TAFE courses, career options and graduation. This information predominantly goes out during contact or Year Assemblies on Mondays and it is essential that all students attend both. It is important that all students have a career pathway and that they know what their options are. If parents would like more information they can contact me to make an appointment.

I would like to wish the Year 12’s all the best for the year and encourage them to try their hardest.

(Andrew Harrison—Year 12 Coordinator)

AFTERNOON STUDY GROUP

I would love to see as many Senior School students attend this Study Group. We meet between 3.05pm and 4.30pm every Wednesday afternoon in the NASHS Library.

Afternoon tea is also provided.

(Andrew Harrison—Student Services Coordinator)

YEAR 8 IMMUNISATIONS

All students in Year 8 will be offered:

- A three dose course of Human Papilloma virus (HPV) vaccine, Terms 1, 2 and 4.
- One dose of Varicella (chickenpox) vaccine given in Term 1. (If there is any doubt whether your child has had chickenpox illness in the past he/she should be immunised.
- One dose of diphtheria-tetanus-pertussis vaccine (whooping cough) given in Term 2.

These vaccines will be offered over three visits. Vaccination Consent forms have been sent home with students. Parents/legal guardians are asked to complete and sign the forms and return them to the school. Even if you are not consenting to your child receiving the vaccines, please still return the form. The first of the vaccinations were given to our Year 8 students on Wednesday, 5 March. If your child was not vaccinated at school, they can come to our immunisation clinic (Albany) before the end of Term 1. No cost involved. Phone 9842 7500 to make an appointment.

If you have any queries regarding the immunisation program please contact Anne Taylor at WA Country Health Service on 9842 7511.
STAFF IN THE LIBRARY THIS YEAR ARE:


Front Row: Gayathri Surath – Technician, Jean Offer – Library Officer.

Library Hours:
8.00am—3.30pm Monday – Friday
After school academic support:
Wednesday 3.15pm – 4.30pm.
Weeks 2-10 each term.

Break 1: Library is open for board games, reading, computer use for homework and online learning students.

Break 2: Library is open for online and Distance Education students only.

New Moodle: Year 8 students will soon be trained up on how to use the NASHS moodle via an exciting online program called RIBIT. Watch this space for an update.

ONLINE PUBLIC TUTORIALS:
Did you know that there are thousands of educational tutorials for students to access at home. These are very good for students who miss a class, are sick and unable to attend school or just need to revise concepts a number of times to fully understand it. Here are the most popular ones:-

- Khan Academy (khanacademy.org) boasts over 300 videos in Maths, Science, Economics, Computer Science, Art History and History.
- Crash Course is a YOUTUBE channel with high quality videos in US History, Chemistry, World History, Biology, Literature and Ecology.
- TED-Ed (ed.ted.com) contains over 250 videos catalogued in 12 subject areas. After viewing a short video, students can answer some MCQs and have the opportunity to discuss in a blog.

BOOK AMNESTY:
We have over 150 students with overdue resources from 2013. These people will not be allowed to borrow books until these resources are returned. This will affect their reading focus in English classes in the Australian Curriculum. PLEASE look under beds, in school bags, wardrobes and return these items as soon as possible. After hours books can be deposited in the NASHS letterbox at the front of the school.

CONGRATULATIONS!
Congratulations to the following students on receiving the following Awards at the Whole School Assembly held on Thursday, 20 February 2014:

Mt Romance Bessie Flowers Indigenous Young Australian Award—James Coad—Year 11
Mt Romance Charles Burleigh Science Award—Tahlia Maddison—Year 11
UWA Science Experience Award—Iain Offer—Year 10

Carl Evers

Tahlia Maddison

James Coad
This Year we will have a focus leading up to the Centenary for ANZAC. A special section has been set aside for resources and for a couple of weeks we have had a memorial box from Canberra on display.

The DVD, “Australians at War 1914-1918” playing at break times has been very popular. Most History students have found the photographs, postcards and soldier's ration kits fascinating.

We are keen to hear from any families that have relatives and stories from WW1 and are happy to share these with the students. Please contact the Library on 98920704.
Hi, I’m Cathy and I would like to take this opportunity to introduce myself as the new Community Health Nurse for NASHS. I invite any student or parent to contact me for any reason and look forward to getting to know you.

Community Health Nurses are well skilled in assessing adolescent health needs, and frequently engage in health counselling with young people to identify issues, risks and protective factors; provide advice; provide brief intervention; assist with access and referral to others services; and provide follow up care.

The school health centre is a place where adolescents can drop in or make appointments to discuss health and wellbeing issues. Young people may independently seek assistance from a Community Health Nurse, but can be referred by parents, teachers or student services teams.

Health Services in Secondary Schools include:
- Support for teachers to provide health education in the classroom, eg sexual health;
- Student health and wellbeing programs, eg stress management, sexual health and relationships;
- Support for school health promotion initiatives such as anti-smoking or mental health programs;
- Assistance for school staff and parents to develop health care plans for students with special needs (eg chronic disease, physical disability or other complex health conditions);
- First aid for medical emergencies, if available.

As a general rule Community Health Nurses:
- Do not administer medication;
- Do not conduct invasive physical examinations;
- Do not conduct checks for head lice

(Cathy Watson—NASHS School Nurse)

LIVE AN ACTIVE LIFE FOR A MENTALLY HEALTHY MIND!

NASHS is an Act, Belong, Commit School.

Being Mentally Healthy
Being mentally healthy is not just the absence of mental illness; it’s the ability to cope with stress, maintain healthy relationships and give back to the community.

Having good mental health is vital to enjoying life and feeling content and happy. Living an active lifestyle helps to protect our mental wellbeing and is easy to incorporate into everyday life by following the three simple steps of:

Act: Stay physically, socially and mentally active. Walk or cycle to school, dance, kick the footy with friends or do some yoga! Do things that you enjoy and do them more often!

Belong: Hang out with like-minded people who share your values and interests— it’s not only fun, it’s also good for us! Join a surf club, a hockey team or organise a table tennis tournament with friends. Belonging to a club or team can improve your confidence and self-esteem and make you happier and healthier!

Commit: Challenge yourself, learn new things, volunteer and help others. Rather than going for a walk with friends, why not try orienteering? Instead of sitting at the beach, join your local surf club. You may like to volunteer to help a charity or help an elderly neighbour with their garden. Learning new things, challenging ourselves, volunteering and helping others gives us a sense of satisfaction and achievement, which in turn makes us feel good.

Useful Websites:
- Act-Belong-Commit: actbelongcommit.org.au
- Find out how you can Act-Belong-Commit to be more mentally healthy. Use the ‘Activity Finder’ to find local activities, events and clubs.
- Department of Sport and Recreation: dsr.wa.gov.au
- Use the ‘Find a Club’ tool to find local sports clubs to join.
- Heart Foundation: heartfoundation.org.au
- Sign up for Jump Rope for Heart or get ideas on how to unplug and play.

Why should I lead an active life?
Did you know that exercise can help prevent stress and depression?

When we exercise, our brain releases endorphins, a chemical which contributes to feelings of joy and elation. By incorporating physical activity into your daily routine, you can improve your overall mood and resilience and help ward off mental health problems.

Scientific studies have shown physical activity can actually reduce depressive symptoms. Experts are so convinced of the benefits of physical activity, it is now used as a treatment for people who suffer from mental illness!

School-related stresses such as exams and assignment deadlines may cause you to feel overwhelmed. Regular physical activity can alleviate some of the pressures of school, work and family commitments. You don’t have to join a competitive sports team or run a marathon to fit exercise into your day. Simply, walking the dog, playing frisbee at the park with friends or skateboarding is good for you.

So, the next time you are feeling overworked, stressed or a little bit down, remember it’s important to take regular breaks to maintain an active lifestyle. This is extra important during exam times, when you are more likely to give up leisure time. You will be able to focus better on your studies and be more productive at school, at work and at home if you keep your body moving.
AUSTRALIAN MATHEMATICS COMPETITION

Entries for the 37th annual Australian Mathematics Competition (AMC) are now open.

Competition day is Thursday, 7 August 2014 and all students are welcome to participate.

The AMC is a mathematics competition containing 25 multiple-choice problems and 5 questions requiring a number answer.

There are Junior (Year 8), Intermediate (Years 9 & 10) and Senior (Years 11 & 12) divisions.

The time allowed is 75 minutes for each Secondary division.

Students are assessed only against other students in the same school year and Australian State/Country so age or curriculum differences between students are irrelevant.

The problems are very easy at the start of the paper and become progressively more difficult until the end when they are challenging to the most gifted student. Students of all standards will find a point of challenge.

The AMC has run every year since 1978 and is now a significant international event. In 2010 there were approximately 400,000 entries from nearly 4000 schools in more than 40 countries.

NASHS students have excelled in this competition in the past and many students look forward to the event each year.

Entry is free.

Students can obtain further competition and entry details from their Mathematics teacher. Entries close 10 April 2014.

(John Smith - Mathematics - AMC Manager)

HUMANITIES AND SOCIAL SCIENCES

2014 has started with a bang for the HASS Department. “Wait a minute – what is the HASS Department?” Well, in line with the Australian Curriculum, the Society & Environment Department is undergoing a name change to Humanities and Social Sciences (HASS). Like an avocado. The name might be different, but we are still teaching the same things. All the important things like history, geography, economics, politics and law. So if your child comes home exclaiming that they “had an awesome time in HASS today!” or that “HASS is by far the best and most fun subject at school!” … now you will know what they’re talking about.

In other news, the HASS Department would like to congratulate Year 11 student, Daniel Hooper, on being the inaugural recipient of the Alan Barnett Award. The award is an initiative from the HASS Department to recognise a student who has chosen to study two or more Humanities courses in Year 11. A pathway through Senior School with a Humanities focus is a wise decision for many students as it equips them with the knowledge and skills required to participate in and contribute to their community. The award is named after long-standing Head of Department at NASHS, Alan Barnett, who recently retired after 28 years at the school. It was a special honour to have Alan on hand to present the award to Daniel.

And finally a message to all Year 10 students. Soon you’ll be considering what subjects you’d like to study in Senior School. If you are interested in the Humanities or would like to know more about the subjects on offer at NASHS, please don’t hesitate to ask your HASS teacher for information. Alternatively, come to our office in G-Block to speak to myself or one of our Senior School teachers.

(Anthony Ritchie—Curriculum Coordinator—HASS)

MATHEMATICS

Is your child in Year 8, 9 or 10? If yes, then they will have a Mathletics log on as NASHS has paid for all Year 8, 9, 10 students to access Mathletics. Mathletics is a programme aligned to the Australian Curriculum covering all levels of Mathematics. Your child should have work set at their level and they can access this on the internet at anytime. The levels can also be changed by their teacher. Most students will have a Mathletics lesson at school once or twice a fortnight. If you have any queries regarding Mathletics please contact your child’s teacher or myself. Another excellent site is Kahn Academy. This site covers all maths levels with short tutorials on maths topics.

(Jo Stevens—A/Head of Learning Area—Mathematics)
Parents / Guardians holding a Centrelink Family Health Care Card, Centrelink Pensioner Concession Card or Veterans’ Affairs Pensioner Concession Card who have a student/s in Years 8-12 may be able to claim financial assistance up to and including the year the student/s turn 18 years of age.

NOTE: THE CARD HELD MUST BE CURRENT IN FIRST TERM 2014.

Successful Applicants will receive:

$235.00 EDUCATIONAL PROGRAM ALLOWANCE
And
$115.00 CLOTHING ALLOWANCE

Applications for Secondary Assistance must be made in person with NASHS Business Manager.

APPLICATIONS CLOSE: 11 APRIL, 2014

If you require further information please contact NASHS Business Manager, Keely Field on 9892 0611.

SCIENCE COMPETITIONS FOR 2014

Three science competitions will be held for 2014. All three competitions are of a multiple choice format and cover a range of critical thinking skills used in science. Students who wish to enter will need to complete the entry form below and hand it to Student Services with the total entry fee before 30 March.

(Mr Cooper—Curriculum Coordinator—Science)

<table>
<thead>
<tr>
<th>Science Competition</th>
<th>Date of competition</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Big Science Competition</td>
<td>21 May</td>
<td>$7.50</td>
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<tr>
<td>ICAS Science</td>
<td>4 June</td>
<td>$8.80</td>
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<tr>
<td>National Chemistry Quiz</td>
<td>19 June</td>
<td>$5.50</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>$</td>
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</table>

Tick the competitions you wish to enter and then hand the total entry fee to your Science teacher no later than 30 March 2014.

2014 TERM DATES FOR STUDENTS

The new term dates for NASHS students for 2014 are:

<table>
<thead>
<tr>
<th>2014</th>
<th>COMMENCES</th>
<th>ENDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>TERM 1</td>
<td>Mon, 3 February</td>
<td>Fri, 11 April</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat, 12 April</td>
<td>Mon, 28 April</td>
</tr>
<tr>
<td>TERM 2</td>
<td>Tues, 29 April</td>
<td>Fri, 4 July</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat, 5 July</td>
<td>Mon, 21 July</td>
</tr>
<tr>
<td>TERM 3</td>
<td>Tues, 22 July</td>
<td>Fri, 26 Sept</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat, 27 Sept</td>
<td>Mon, 13 Oct</td>
</tr>
<tr>
<td>TERM 4</td>
<td>Tues, 14 Oct</td>
<td>Thurs, 18 Dec</td>
</tr>
</tbody>
</table>

School Development (Pupil Free Days) in 2014 for Government schools in the City of Albany are:

- Monday, 28 April 2014
- Monday, 21 July 2014
- Monday, 13 October 2014
- Friday, 7 November 2014 (Albany Show Day)
- Friday, 19 December 2014

COMMUNITY NOTICES

NASHS provides these notices as a service to our school community. Please note that this does not mean we endorse these programs/events.

Southern Districts Junior Football Association is having their Registration Days on the 8 March from 10.00am until 12.00pm and also on the 20 March from 3.30pm till 5.30pm.
Welcome to the first P&C Patter for 2014.

My name is Kate and I will be taking over writing the Patter for Whitney. Whitney has contributed this piece to the newsletter for the last four or so years, and her children have now moved on. Thank you Whitney, for your efforts keeping us informed of the P&C’s activities. Hopefully I can continue to keep it as interesting and informative as yours.

My oldest son began Year 8 this year, and so I attended the Annual General meeting of the combined North Albany SHS and Albany Secondary Education Support Centre P&C Association, last Wednesday as a new face, along with a few other new parents to the school. I personally felt very welcomed and over the two hours, came to a better understanding of the role of the P&C.

There were a few positions - President, Secretary, Treasurer to name a few up for renewal and these were quickly filled by old and new members. Plus we elected a P&C rep to sit in on School Council meetings. Please bear in mind parents are welcome to attend P&C meetings even without an official role, to listen in and have a say. The meetings are fairly informal, are filled with interesting content, and are kept quite short so don’t be daunted.

To carry on a theme from Whitney’s previous Patters, I’m going to touch on the subject of the NASHS—ASESC Centennial markets. I was very surprised to learn that they were a huge fundraiser for the school and indeed, along with the canteen, really the only one. The question on Wednesday, was whether these could continue running this year. A lack of volunteers can make these days quite a lot of work for a dedicated few.

So it’s worth mentioning, if you could spare even just one hour, once a month (every third Saturday), even just a few times a year, to man the gate or help with the BBQ, please, please, consider helping out. The money raised directly benefits the students, our children, which is a pretty good cause if you ask me.

I hope everyone’s year has got off to a good start, and I look forward to keeping you all informed of the P&C’s goings on for the year.

Kinc Regards,

Kate
Year 10 Integrated Science Students are performing a series of Yeast Respiration Experiments. These follow on from an in-depth review of the Scientific Method.

Students in Mr Cooper’s Science Enrichment class have been making hand cream.

Naming Ionic Salts and making Ionic Compounds
Year 10.1 learn the basics of forming electrically neutral salts and writing chemical formulae.
On Thursday, 6 February Year 8 and 9 students met West Coast Eagles players, Sharrod Wellingham, Josh Hill, Jacob Brennan and Coach, Adam Simpson in the school gymnasium.

The students were given a short presentation on healthy lifestyles, sport etc and then were able to get autographs and photo’s with the players.