NASHS 2014 YEAR 12 BALL

‘Beau of the Ball’
James Naylor

‘Belle of the Ball’
Airienne Spidell

‘Most Elegant’
Alison Wiggins

‘Most Handsome’
Jake Ferrell

‘Cutest Couple’
Corey Linthorne and
Mikayla Penn

NEWSLETTER
NASHS YEAR 12 BALL
PRINCIPAL’S COMMENT

Term 1 has been a busy and productive term for both students and staff. As you will see from the photos and articles in this edition of NASHS newsletter, students have been provided with many opportunities to engage in a range of positive and enjoyable learning activities.

NASHS is a positive behaviour school and our five school values of Be Responsible; Be Respectful; Be Your Best; Be Kind and Be Safe guide the way that staff and students interact and work with each other. These values also provide the basis of a supportive learning environment for our students. The development of a positive school ethos is one of our school priorities. Other priorities for 2014 include:

- Implementing the Australian Curriculum (AC) – NASHS is well on track with this priority. At the end of this year all students in Years 8 and 9 will be reported on using the new AC and then in first semester 2015 this will extend to students in Year 10.
- Year 6 and Year 7 transition to high school – our transition plan commenced in 2013 and is well underway. Next term some of our staff will be visiting primary schools, talking with Year 6 and Year 7 students about high school and we will also hold parent information evenings.
- Finalising plans to introduce the new WA Certificate of Education (WACE) for students in Years 11 and 12. The new WACE commences in 2015. Our current Year 10 students will be provided with information early next term as part of their career education program.

Parents had the opportunity to catch up with teachers to talk about their child’s progress at our Parent-Teacher meeting on Wednesday afternoon 9 April. Thank you to all parents who attended. If you were unable to attend the meeting but wish to meet with your child’s teachers please contact the school on 98920611 to make an appointment or leave a voice message for the relevant teacher.

At the end of semester one a formal report will be issued for all students in Years 8 – 12. In Term 3 there will be another parent teacher meeting. At any time parents can contact their child’s Year Coordinator for an interim report.

Independent Public Schools (IPS) – The IPS initiative is part of the state government’s commitment to provide greater autonomy to schools. While IPS remain part of the public education system, they set their strategic directions in collaboration with their local community and have authority for day to day decisions that best cater for their students. Currently there are four IPS in Albany – Mt Lockyer, Spencer Park and Little Grove primary schools and Albany Secondary Education Support Centre. Parents of students in Years 10, 11 and 12 may remember that NASHS applied to become an IPS in 2012. Although our application was unsuccessful we remained committed to keeping of IPS as part of our future planning.

We are pleased to have been accepted into the Department of Education IPS development program this year. At their most recent meeting, NASHS School Council, comprising representatives of parents, students and staff, reaffirmed the decision for NASHS to continue to apply to become an IPS. If successful as an IPS we look forward to developing a greater degree of alignment of educational programs with Mt Lockyer, Little Grove and Yakamia primary schools as well as with the broader Albany community. If you would like to read information about the IPS initiative on the Department web site the link is [www.det.wa.edu.au/independentpublicschools](http://www.det.wa.edu.au/independentpublicschools).

Staff changes – at the end of this term we farewell Humanities teacher, Ms Natascha Atanassoff. Natascha is taking leave for the remainder of 2014. Thank you Natascha for your contributions to NASHS and we wish you all the best.

On behalf of the staff I wish all students and their families a safe and enjoyable holiday break.

Regards,

Sharon Doohan
PRINCIPAL

<table>
<thead>
<tr>
<th>WHO DO I CONTACT IN TERM TWO 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Yr 8 Coordinator</strong></td>
</tr>
<tr>
<td><strong>School Nurse</strong></td>
</tr>
<tr>
<td><strong>Yr 9 Coordinator</strong></td>
</tr>
<tr>
<td><strong>Aboriginal &amp; Islander Education Officers</strong></td>
</tr>
<tr>
<td><strong>Yr 10 Coordinator</strong></td>
</tr>
<tr>
<td><strong>Attendance Officer</strong></td>
</tr>
<tr>
<td><strong>Yr 11 Coordinator</strong></td>
</tr>
<tr>
<td><strong>Student Services Coordinator</strong></td>
</tr>
<tr>
<td><strong>Yr 12 Coordinator</strong></td>
</tr>
<tr>
<td><strong>School Psychologist</strong></td>
</tr>
<tr>
<td><strong>Chaplain</strong></td>
</tr>
</tbody>
</table>

**HEAD OF LEARNING AREAS AND TEACHERS IN CHARGE**

| ICT Coordinator | Ian Spurgeon |
| **English / LOTE / S & E (HOLA)** | Marc Ruffell |
| **Visual Art** | Robyn Brindel |
| **Mathematics / Science (A/HOLA)** | Jo Stevens |
| **Physical Education / Health (HOLA)** | Dave Powell |
| **Home Ec** | Bronwyn Day |
| **Curriculum Leader —Science** | Dave Cooper |
| **Technology & Enterprise / Art (HOLA)** | Peter Gray |
| **Business Ed & Workplace Learning** | Pamela Green |
| **Curriculum Leader —Society & Environment** | Anthony Ritchie |
| **Library** | Pipa Williams |
| **Music** | Courtney Lewis |

**Deputy Principals:** Terry Bolt (Years 8, 9), Mark Cullen (Years 10,11,12)

**Business Manager:** Keely Field
TERM 2
STUDENTS RETURN TO SCHOOL
ON TUESDAY, 29 APRIL 2014.
Staff return to school on Monday, 28 April 2014.

ANZAC TOUR UPDATE

As we all know, this year marks one hundred years since the beginning of WW1 and commemorations of this event are going to be big in Albany. Albany was where the ANZAC troops left on their way to Gallipoli and for some, it was the last sight of their home country.

As part of the commemorations, a group of 26 students, (7 from North Albany SHS, 13 from Albany SHS and 6 from Mt Barker Community College) will be travelling to France and Belgium in September this year. Here we will visit many monuments, cemeteries and museums, giving us the chance to really understand what the soldiers went through and appreciate the sacrifices of all those who fought on the Western Front.

As part of our preparations for the trip every student is conducting research on an ANZAC from within their family or within the Albany region. On Friday, 21 March, all the participating students and staff members met at the ASHS library to discuss ways in which we could present our findings so that as many people as possible could view the work. We were honoured to be in the presence of Harold Martin, our guest speaker.

Mr Martin, 97, was a Japanese POW during the Second World War and told us about his experience during the war and the horrible conditions he and the other prisoners had to work under. He also told us how important the mateship and camaraderie amongst the Australian soldiers was in the camp, and that to boost morale the young Aussie soldiers, some only 18, used to play tricks on the Japanese guards. Towards the end of his time speaking Mr Martin told us that he is very concerned about how little the kids of today know about what went on during the wars and that us carrying out and publishing our research means a lot to him and will hopefully make its way into the hands of many young people in the future.

Soon after Mr Martin left we all piled into the bus and headed to the town library to meet with Sue Smith to see if we could expand on our research. Once we had finished at the library we headed up to the forts where we took a tour of the site, thus concluding our day.

On behalf of all the NASHS students involved I would like to say a big thank you to Mrs McNeill, Mr Beeck and the other staff members involved in organising the excursion and related activities. The opportunity to visit France and the Western Front as a part of this group is a once in a life time opportunity and we are really looking forward to September.
(Bre Payne—Year 11 student)

NASHS IMPORTANT DATES—TERM 2 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon, 28 April</td>
<td>School Development Day</td>
</tr>
<tr>
<td>Tues, 29 April</td>
<td>Students Resume Term 2</td>
</tr>
<tr>
<td>Tues, 6 May</td>
<td>Interschool Cross Country</td>
</tr>
<tr>
<td>Fri, 9 May</td>
<td>Interschool Bendigo Bank Netball Years 8—12</td>
</tr>
<tr>
<td>Mon, 12 May—Wed, 14 May</td>
<td>Outdoor Education Camp</td>
</tr>
<tr>
<td>Tues, 13 May—Fri, 16 May</td>
<td>Year 9 NAPLAN testing</td>
</tr>
<tr>
<td>Tues, 20 May</td>
<td>Year 8 Immunisation—Round 2</td>
</tr>
<tr>
<td>Mon, 26 May</td>
<td>Exam Week for Senior School</td>
</tr>
<tr>
<td>Wed, 28 May</td>
<td>AFL Sports Ready Finals</td>
</tr>
<tr>
<td>Fri, 30 May</td>
<td>Science Rocks—Science Careers—Years 9—10</td>
</tr>
<tr>
<td>Fri, 30 May</td>
<td>WAFC Cup Football—Years 8/9</td>
</tr>
<tr>
<td>Mon, 2 June</td>
<td>WA Day Public Holiday</td>
</tr>
<tr>
<td>Tues, 10 June</td>
<td>WAFC Cup Football—Years 8/9</td>
</tr>
<tr>
<td>Wed, 11 June</td>
<td>Year 6 Parent Night</td>
</tr>
<tr>
<td>Thurs, 12 June</td>
<td>Year 7 Parent Night</td>
</tr>
<tr>
<td>Fri, 13 June</td>
<td>Great Southern Institute of Technology Career Expo</td>
</tr>
</tbody>
</table>

YEAR 8 PARENT SURVEY

Staff at North Albany SHS are constantly seeking quality feedback from the school community to improve the policy, processes and the education delivered to your children. One tool that is used is surveys and currently there is one open to Year 8 parents to collect their views and ideas. As a Year 8 parent/caregiver you will have received an email or text message inviting you to access survey monkey with a code to complete a survey. In all cases the data is confidential. The link is open until the 2 May 2014. If you have lost the link, please contact the front office and it will be sent to you again.

Thankyou for your support and effort in helping us to continually improve what we do at NASHS.
(Sharon Doohan—Principal)
After careful examination of every possible weather forecast I decided to postpone until the following week, but still you never know in Albany and I was worried that by Thursday the weather would be ok. I must admit that I breathed a huge sigh of relief when I woke up on Thursday morning and it was raining (well drizzling anyway). I only had to hope the forecast for fine weather on the following Monday was accurate.

Monday, 17 March started with what looked like the potential for rain but the call to go ahead was made.

What a great day! The sun came out, the bouncy castle went up and everyone walked, jogged and sprinted the day away. This year’s Jogathon turned out to be the best one we have had and I must say I am very proud of the way NASHS students got involved.

This year students raised $1,173.20 which is an amazing effort and the 2014 record for most funds raised goes to Keliah Ristich in Year 8. Full results will be announced at our next year meetings.

The NASHS Jogathon is an annual fundraiser to raise money for Youth Focus. Youth Focus provides much needed support for young people in Albany and a proportion of money raised goes to providing counsellor support for students at NASHS. Micah from Youth Focus works with our Student Services team each Wednesday.

It really is great to see NASHS students COMMIT themselves to a great cause.

Boardies Day
NASHS is an Act Belong Commit school and it is always good to see our students participate in fundraising, committing themselves to a cause and being prepared to help others. Caring for others is certainly noticeable here at NASHS. On Friday, 28 March students donated a gold coin for the right to wear boardies to school. Money raised goes to the Surf Life Saving Association, in particular the Albany Club and this year we raised almost $200.00.

Thank you to the Student Councillors for collecting donations and helping to promote Boardies Day. Our Councillors from Year 8 even appeared on GWN News!

Blessing of the Roads
On Friday, 28 March the NASHS Student Councillors participated in a Blessing of the Roads ceremony that is designed to remind everyone to drive carefully over the School and Easter Holidays. This was a formal ceremony with dignitaries and guests from the Albany Community. I was once again very proud of our NASHS Student Councillors who represented NASHS in a very mature and respectful manner. For further information on the event see our report further on in this Newsletter.

NASHS Positive Behaviour Support
Sarah Bertola’s NASHS Five Values poster has been included in this months edition of the newsletter. Sarah’s design was the winning design from last years poster competition and the image will make regular appearances in all our newsletters, correspondence and on the school web page. Sarah’s design helps us all to remember that at NASHS it is important to Be Respectful, Be Responsible, Be Kind, Be Your Best and Be Safe. These five values are the basis of all we do here at NASHS.

As part of Positive Behaviour at NASHS we are focusing on two important things: Being on time and being prepared. Every student at NASHS should strive to be their best and achieve success in their studies and a small step to achieving this is by simply ensuring that they attend School every day, arrive at class on time and have the correct equipment ready for class. It does concern me when I hear that some students arrive at class without pens and paper. These are simple basics that all students should have.

School Refusal
What is school refusal?
School refusal happens when a child does not want to attend school or is afraid to attend, despite being physically able to. Some children say they want to go to school but they just can’t. It is not truancy, there is no attempt made by the child to hide not going to school. School refusal is usually associated with emotional distress, most commonly anxiety.

How do I recognize School Refusal?
Signs to look out for include:
- Physical complaints such as stomach and headaches, nausea and shaking.
- Upset or crying before school.
- Symptoms present in the morning may disappear if the child stays home.

What can I do about School Refusal?
Contact the school. In particular the NASHS Student Services Team, who are more than willing to meet with parents and students to discuss concerns. A good starting point may be with the student’s Year Coordinator.

Year Coordinators are:
Year 8 – Mrs Wood
Year 9 – Mr Gray
Year 10 – Mrs Peters
Senior School – Mr Harrison
YEAR EIGHT UPDATE

It is almost the end of an action packed term. I am, like most of the students, looking forward to the holidays.

Well done Year 8s for your efforts in first term of high school.

Congratulations to the following students who have been selected as our Year 8 Councillors:

- Anthony Turner
- Olivia Gardiner
- Katelyn Russ
- Kate Trayvilla
- Rachel Kent
- Jemma Hallett

These students have the important job of representing all Year 8’s. They have been at work already helping to organize the Blessing of the Roads ceremony. One of their next leadership tasks is to help plan a Year 8 social for week 4 next term.

I have been really impressed with some Year 8s’ work in improving their cross country times in Physical Education classes. Keep up the good work.

Have a good holiday and keep safe,

(Susie Wood—Year 8 Coordinator)

YEAR TEN UPDATE

Great to see so many Year 10’s step up to take on a positive approach to their schoolwork and life in general. A mature approach is needed to be successful at school. Many Year 10’s are being responsible for their own education by getting work handed in on time. Doing homework every night, even if it is just finishing off unfinished work or revising what you have learnt that day, is also important. These practices will definitely stand students in good stead for Year 11 and 12 or further study at TAFE or University. During next term Year 10 students will be making decisions about courses of study for Year 11, 2015.

Also important is behaviour and attitude both in the class, in the school yard and out in the community in general. Year 10 students are required to act responsibly and respectfully by showing consideration for others, as well as respect for yourselves. Make sure you eat healthy food, get plenty of sleep and do the best you can in all your classes. Remember you are role models for all the Year 8’s and 9’s and hopefully your behaviour will influence them in a positive way.

Next term Year 10’s will be working on Careers in Humanities and Social Sciences (HASS) so that will be a really good time to reflect and review goals for the future. It is important to choose a career that suits you, your interest and your abilities. About half way through next term you will be choosing your subjects for Year 11 and 12. It is very important for you to make the right choices then as it will affect what you can do in the future. Mr Cullen and your HASS teachers will be able to help you if needed. Year 10’s, now is the time to take control of your life and where you are headed in the future by working as hard as you can, doing your best and making good decisions.

(Lyn Peters—Year 10 Coordinator)

SENIOR SCHOOL UPDATE

For this edition of the newsletter I am combining both the Year 11 and 12 reports as my message this month is the same to each year group.

Progress reports are now out and I am pleased with how the majority of our Senior School students are progressing. However there are some students who are underachieving through not completing assignments, not handing work in on time and not revising for tests. Senior School students must understand that to ensure success in their studies they need to revise notes, read texts, prepare for tests outside of the normal classes. Having a quiet place to study and complete work at home is important. Completion of assignments also isn’t enough, so students shouldn’t be thinking “I have just finished my Maths questions so I don’t have to do any more Maths.” Constant revision is necessary so no student in Year 11 or 12 should be saying that they have nothing to do or that they have finished all their work.

Students in Senior School will be participating in Study Workshops throughout second term to further develop their study skills.

Year 12 Elegance Ball 2014

What a fantastic night. The students looked amazing (and the staff did as well) and combined with the beautiful venue at Carlyle’s it made for a night to remember.

Thank you to all the students who helped out in the Ball Committee and thanks also goes to those staff who came to help out on the night. Once again this year Mr Wilson, Mr Gray and Miss Dawson took photo’s of our students and these will be available soon. NASHS will be making a 2014 glossy photobook which will also be available to students.

It is great to announce that the 2014 Belle of the Ball was Airienne Spiddell and the Beau of the Ball was James Naylor. Most Handsome was Jake Ferrell, most elegant was Alison Wiggins and the cutest couple were Mikayla Penn and Corey Linthorne. Congratulations to all.

(Andrew Harrison—Year 11 and 12 Coordinator)
Over 60 students in Years 9 and 10 have chosen to study Caring for Animals as part of their education program in 2014. Two classes are currently studying the elective in a two hour block on Fridays with their teachers Mrs Karen Niculescu and Mrs Kirsten Hunter. A third class is timetabled for Semester 2.

Students are enjoying the regular visits of animal carers who volunteer their time to visit NASHS to demonstrate their expert knowledge and experience in handling animals. This term, Mrs Niculescu’s class has explored wildlife endemic to the Albany region, particularly those classified as endangered species. Mrs Hunter’s class is studying domesticated pets and there will be an exchange of study focus next term. All students had the opportunity of an excursion to Discovery Bay, for a nocturnal tour, to check out the Quenda (Southern Brown Bandicoot), Woylie, Long Nosed Potoroo and other Australian animal icons such as the Koala and Hairy Nosed Wombat. An excursion to the Albany Bird Park and Marron Farm is planned for Term 2.

So far, students have hosted the following animal welfare and conservation carers:

- **Born Free** - Western Grey Kangaroo Joeys and baby Western Ring Tail Possums.
- **Reptile Roadshow** – Various Australian reptiles such as a Carpet Python, Olive Python, Frilled Neck Lizard, Blue Tongue Lizard.
- **WA Sea Bird Rescue** – Focus on the Australian Pelican and Little Penguin.
- **Uralla Wildlife Park** – Focus on the Australian Dingo.

The class studying domesticated pets have learnt how to conduct a physical health examination on a dog and have hosted staff from the Albany State Emergency Service who spoke about dog training and demonstrated the value of their working dog as an aid in rescue work. Their study has included sharing their own ‘pet stories’ and an opportunity to present to their peers.

The best part of the Caring for Animals elective is the hands on contact with animals and practical project activities that make up the course. The desired educational outcome is that students become aware of our unique Australian animals and that they develop skills and contacts for assisting them to care for, protect and conserve animals and their habitats. For some students, this elective will inspire them to embark on a career pathway or personal passion for working with animals.

(Karen Niculescu—Caring for Animals Teacher)
Mrs Hunter’s Caring for Animals class has been studying companion animals this term. We have looked at the Human-Animal Bond and different breeds of dogs and cats. We have studied the body language of dogs and learned how to recognise aggression, fear, playfulness, alertness and relaxation.

In Week 5, we learned about physical examination of dogs and Hamish (the Golden Retriever) and Harry (the Labrador) visited our class so we could practise performing physical examinations.

In Week 6, Manhon, the SES search and rescue dog and her handler Gwenda visited our class. Gwenda explained how Manhon was trained and demonstrated her skills with a ‘hot track’ demonstration. Kiara provided a t-shirt and then was hidden in the bush. Manhon, once placed in her special harness, went off at speed, and found Kiara and Chanese. We were all impressed with this display.

Over the next few weeks we will complete Companion Animals unit and move onto wildlife and alternative pets.

Jade rewards Hamish with a pat.

Harry sits quietly while Ashlee listens to his heart. Kiara check’s Hamish’s heart while Lisa keeps him calm.

Margaret and Gwenda from the SES address the class.

Manhon gets her harness on……..

…..has a sniff and…..

…..runs to find Kiara!
As Term 1 draws to a close it is a good time to take stock and do some evaluation. How has the year been so far for you – has it been a productive and successful start….or do you look back with a bit of frustration that maybe you haven’t achieved what you had hoped? If you are satisfied that you have made a good start….then well done! If not so much, then don’t panic! You’re not alone (I fall into that category a bit!), and you have three quarters of the year ahead to change the situation! Take some time these holidays to re-evaluate your goals for the year, or perhaps set some if you haven’t already. Do you have a realistic plan which will help you work towards your goals? Don’t dwell on any regrets or failures; learn from them and make plans to keep learning and improving.

As a lead up to the Easter long weekend, on the 28 March NASH hosted the annual ‘Blessing of the Roads’ community event. This was an opportunity for us all to be reminded of the importance of cultivating a culture of safe road use in our community. Whether we are drivers yet or not, we all have a part to play in keeping our roads safe. Of course as drivers we need to ensure we don’t drink and drive, drive tired, or speed, but as passengers we need to ensure we are buckling up and are not causing a distraction to the driver. Stay safe on our roads these holidays!

Looking forward to seeing you in Term 2!

(Ben Wyatt and Jennie Small—YouthCARE School Chaplains)

The GSSSSA Interschool Tennis was held at Lawley Park on Thursday, 6 March 2014. North Albany SHS had a Years 8 / 9 boys team and a Years 10—12 boys team in this event.

The Upper school team was made up of—

Vinnie Mieschbuhler  Tom Hood
James Coad   James Offer

All students played well and had some success throughout the tournament. Games were played using the fast tennis format where the first students to 21 points win the game. The skills that the students had developed during Stage 2 Physical Education were evident as they all improved as the day progressed.

The Year 8 / 9 boys team comprised of the following students:

Pierce Cottrill  Williams Hood
Josh Scoble   Zac Adami

There had been quite an interest in tennis amongst the Year 8 boys and the four students were selected after a number of practice sessions. Zac Adami even helped out in the doubles for the older boys team.

The most successful NASHS players on the day were Zac Adami and James Coad.

(Dave Powell—Head of Learning Area Physical Education)

Influenza
Influenza, or the ‘flu’ is caused by an influenza virus. It is spread through the air when someone coughs, sneezes or talks. It is also spread by touching something that has the virus on it and then touching your nose, eyes or mouth. Common symptoms include sore throat, cough, fever, headache, chills, tiredness and muscle aches.

People with the flu should rest and drink plenty of fluid. Use paracetamol in recommended doses if necessary - but do not give children any medication containing aspirin.

Be sure to keep your child home from school while he or she is sick. If you require school work for your child contact the school to prepare some for you to collect.

The best way to prevent flu from spreading is by washing your hands regularly.

Flu vaccines are available prior to winter starting. For more information, contact your GP or local Immunisation Clinic.

Why should I consider having my child vaccinated against the flu?

The National Health and Medical Research Council, Australia’s peak body for health advice, recommends annual vaccination for anyone six months of age or older who wants to reduce their chances of becoming ill with the flu.

Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses. Flu can cause high fever and pneumonia, and make existing medical conditions worse. Flu can also cause convulsions and diarrhoea in children.

Influenza viruses are always changing. Each year scientists try to match the strains of influenza viruses in the vaccine to those most likely to cause flu illnesses that year. It takes up to two weeks for protection to develop after vaccination against flu and protection lasts about a year.

The seasonal flu vaccine is available on prescription or via GP and immunisation clinics and is provided free for certain groups. Flu vaccines are available prior to winter starting. For more information, www.health.wa.gov.au or contact your GP or Immunisation Clinic.
MESSAGE FROM ENGLISH DEPARTMENT
RE: HOMEWORK

You have no doubt asked your child(ren) several times this year about homework and whether there is anything better and more educative they could be doing than playing computer games or cultivating virtual friends on Facebook. And they might well tell you no...But you need to be wise to their possible Jedi mind tricks and disbelieve them! Ask them what assignment they are working on. Ask them when their current assignment is due and how they could be editing, proofreading, expanding it in terms of length, depth, clarity and complexity. Ask them to make sure their sentences are clear in meaning. Ask them to make sure their paragraphs have at least three or four full sentences. Ask them to work at making each paragraph about one thing and make that one thing relevant to what the text as a whole is trying to achieve. Ask them to not separate two full sentences with a comma.

Please advise your child to pester his/her teacher to read and provide feedback on their assignment draft well before the due date. These are very important habits to develop. Good texts take time to draft and polish and time spent as a habit at home, slowly crafting their work, is time well spent.

(Marc Ruffell—Head of Learning Area English)

WHAT SHOULD MY CHILD BE DOING AT HOME TO IMPROVE THEIR ENGLISH RESULTS?

Reading (at least 10-15 minutes a day)
• Novels
• Short stories
• Comics & Graphic novels
• Magazines
• Newspapers
• Online News Websites & Blogs

Writing (in a journal 5-10 minutes every day)
• About what you read, wrote, talked today.
• Memories of past events.
• Hopes, wishes for the future.
• Little things you want to remember (jokes, sayings, cartoons, pictures).
• Finishing or re-doing work started in class (can you improve that draft?).

Talking (to parents, friends, family) about
• Books you are reading.
• Writing you've been working on.
• What you've been learning about at school.
• Ask parents and friends to read the same book as you.

Organising
• Using a diary regularly
• Organising file/folder and keeping old work in a file at home
• Cover pages for each topic
• Charging laptops, ensuring they are ready to bring to school

Revising
• Ask family members to quiz you on spelling words and key concepts such as setting, characters, plot and point-of-view.
• Use the Look, Say, Cover, Write, Check method to learn spelling words and other key concepts that need to be memorized.
• Write a summary of what you learned in English each day.
• Draw diagrams that explain what you’ve learned about a particular topic and explain them to your family.

GSSSA INTERSCHOOL CRICKET

The GSSSA Interschool Cricket was held on Tuesday, 26 February. The following students represented North Albany SHS in this tournament.

Year 10
Hayden Davies  Carl Evers
Josh Gladish  Corey Linthorne
Broady Linthorne  Conrad Marshall
Jake Stallebrass  Jack Steel

Year 11
James Coad  Travis Golding
Justin Roth

NASHS started off the tournament playing ASHS 2 and dismissed ASHS for 102 runs. Accurate bowling by Carl Evers, Travis Golding and Hayden Davies was backed up by good fielding and catching. Unfortunately NASHS batting collapsed after a good start and we fell 9 runs short of the target.

Grammar proved a formidable opponent and lost only 5 wickets in scoring 147 runs. NASHS were never really in the chase and were bowled out for 48 runs.

The last game against St Josephs College saw NASHS win convincingly. A ninety run stand between Travis Golding (48) and James Coad (37) resulted in NASHS winning convincingly.

Tidy wicket keeping by Jack Steel and some spin bowling by Josh Gladish helped NASHS perform creditably. A few dropped catches proved expensive at the end of the day.

Well done Team NASHS!

STUDENTS WITH ASTHMA AND ALLERGIES

If your child suffers from Asthma it is important that they carry their blue reliever puffer in their bag every day at school.

Students who suffer from allergies that require medication straight away are also asked to carry their antihistamine with them.
North Albany Senior High School sent a team of Year 8 and 9 students to Mount Barker on Friday, 4 April for the Interschool Swimming Carnival—Division Two Schools. North Albany Senior HS competed against Mount Barker Community College, Esperance Senior HS, Katanning Senior HS, Bethel Christian College and Denmark Senior HS. Team NASHS was represented by:

**Year 8 Students:**
- Bjorn Brill-Edwards
- Jake Castlehow
- Michaela Archbold
- Olivia Gardner
- Nikky Craig
- Kate Trayvilla
- Dylan Kennedy
- Amber Thomas
- Jemma Hallett
- Piercen Cottrill

**Year 9 Students:**
- Abigail Boyd
- Georgia Master
- Katelyn Jose
- Michaela Barker
- Joe Goldsmith
- Josh Vanni
- Jordan Farmer
- Sol Plummer
- Mani Giuntoli
- John Morgan

NASHS students performed well to finish third overall and were the best performing Year 8 and 9 team. This point was illustrated by the relay performances where NASHS won the Year 8 boys freestyle relay and the Year 9 girls freestyle relay. The Year 8 girls finished second and the Year 9 boys second after a great 50 metres by John Morgan.

The Year 8 boys team of Jake, Dylan, Piercen and Bjorn won their medley relay as did the Year 9 girls team of Georgia, Katelyn, Abigail and Michaela. Other notable performances included:
- Jake Castlehow won the 100m freestyle / 50m backstroke and came second in the 50m freestyle.
- Georgia Master won the 100m freestyle / 50m butterfly / second in 50m breaststroke and second in the 50m freestyle.
- Jordan Farmer came second in the 50m butterfly.
- Mani Giuntoli was second in the 50m breaststroke.
- Abigail Boyd won the 50m freestyle / 50m breaststroke and came second in the 100m freestyle.
- Joe Goldsmith won the 50m freestyle.
- Dylan Kennedy won the 50m breaststroke.

To cap off a great day's performance from all the students Georgia Master won the Champion Year 9 Girl Award and Jake Castlehow was Runner Up Year 8 Champion Boy.

Thank you to Emma Pellicaan and Zoey Lenson for their assistance in time keeping the events. Next year with the addition of some talented Year 7 students we hope to do even better.

*(Dave Powell—Head of Learning Area Physical Education)*
2014 TERM DATES FOR STUDENTS

The new term dates for NASHS students for 2014 are:

<table>
<thead>
<tr>
<th>Year</th>
<th>COMMENCES</th>
<th>ENDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>TERM 1</td>
<td>Mon, 3 February</td>
<td>Fri, 11 April</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat, 14 April</td>
<td>Sun, 27 April</td>
</tr>
<tr>
<td>TERM 2</td>
<td>Tues, 29 April</td>
<td>Fri, 4 July</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat, 5 July</td>
<td>Sun, 20 July</td>
</tr>
<tr>
<td>TERM 3</td>
<td>Tues, 22 July</td>
<td>Fri 26 Sept</td>
</tr>
<tr>
<td>Holidays</td>
<td>Sat 27 Sept</td>
<td>Sun 12 Oct</td>
</tr>
<tr>
<td>TERM 4</td>
<td>Tues, 14 Oct</td>
<td>Thurs 18 Dec</td>
</tr>
</tbody>
</table>

Remaining School Development (Pupil Free Days) in 2014 for Government schools in the City of Albany are:

- Monday, 28 April 2014
- Monday, 21 July 2014
- Monday, 13 October 2014
- Friday, 7 November 2014 (Albany Show Day)
- Friday, 19 December 2014

COMMUNITY NOTICES

NASHS provides these notices as a service to our school community. Please note that this does not mean we endorse these programs/events.

The Great Southern Early Years (0 to 8) Network (GSEYN) is planning an Early Years Conference to be held on Sunday, 19 July and Monday, 20 July in Albany in 2015.

The theme of the conference is ‘Building Capacity … Growing our children together’ and will provide for the interests of professionals and practitioners (education, health, industry), community organisations and parents and families.

To provide subjects of relevance for parents and families, we are seeking feedback through a simple survey to be found on two local facebook pages.

**Rainbow Coast Neighbourhood Centre**

If you scroll down to the shared link for the Great Southern Early Years Network and click on the link to the survey below ‘SEE MORE’, you will go to the survey.

**Amity Health**
https://www.facebook.com/pages/Amity-Health-Albany/392576264151803

If you scroll down to the shared link for the Great Southern Early Years Network and click on the link to the survey below ‘SEE MORE’, you will go to the survey.

NEWSLETTER BY EMAIL

If you would prefer to receive the school newsletter in full colour edition via e-mail, then please complete the form below and return it to the front office as soon as possible.

Alternatively e-mail Sandra.Liddiard@education.wa.edu.au with ‘Newsletter by e-mail’ as the subject. Thank you.

---

**Newsletter by Email**

I _____________________________ would like to receive the Newsletter by e-mail rather than a hard copy being posted home.

______________________________
Signature

______________________________
Email address

---

Albany Leisure & Aquatic Centre offer a comprehensive ‘Learn to Swim’ program catering from babies through to adults - of all and any ability - from beginners to squad swimmers.

Timetables for Term 2, 2014 swimming lessons are now available.

Enrolments for commence on Saturday, 29 March 2014.

Further details and information can be obtained by contacting our Swim School Manager, Nola Osborne, directly on telephone number 9844 2261 or email nolao@albany.wa.gov.au
In Week 8, our talented library assistant, Jean, brought the last of summery weather inside the Library when she made a great display for Surf Rescue, with boardies all around the Circulation desk. Students Broady Linthorne and Anthony Turner added the final touch.

Mr Cooper organised an inspirational speaker to address senior students about his rewarding science career, which began when he followed his dream to find work that interested him.

In Week 9, we celebrated Autism Awareness Day with a display of books on this complex and fascinating topic. Because the holidays include ANZAC Day on the 25 April, there is also a new timeline display on Australians and World War I.

The Homework Club continues; please come if you can. It is after school on Wednesdays.

(Janet Matwiejew—Relief Teacher Librarian)

'BLESSING OF THE ROADS'

On Friday, 28 March, we hosted the Blessing of the Roads community event here at NASHS. The WA Government’s Road Wise initiative aims to remind people of the need to take care on our roads, especially over the busy Easter period. Deputy Mayor Greg Stocks was the guest speaker, with representatives from the police, emergency services, local government, and the road and transport departments all attending.

As the flag was lowered to half mast, white roses were laid and white balloons released to remember the 8 people who had already died on Great Southern roads this year. Captain Niall Gibson gave a prayer of blessing for the safety of those driving on the roads, as well as the emergency workers who need to attend any accidents. This was followed by a minutes silence.

Congratulations to our Student Councillors who represented NASHS for this important event on our school calendar.

(Ben Wyatt—Chaplain)
Rachel Bower

Rachel completed her studies at NASHS in 2008.

I have recently completed four years of study at Edith Cowan University; I now have a Bachelor in Criminology and Justice with Upper Second Class Honours. The question I get asked the most is what type of job would you get with a degree in Criminology? My goal is to work for the Department of Child Protection and Family Services as my research in my Honours degree was largely youth offender based and I found that a child’s upbringing plays a large role in their offending behaviour later on in life.

ECU provided me with a number of exciting opportunities and experiences; In 2013 I was sponsored by ECU to attend the annual Australian Institute of Criminology student forum in Canberra, where I learnt about new research in Criminology and current trends of offending in Australia. I was also employed as a tutor at ECU; I taught two classes a week in Criminology and Minority Groups as Offenders and Victims, this involved teaching and tutoring students as well as marking assignments and exams.

I am currently volunteering at the Fremantle PCYC with the drop-in centre and street ball projects, a large proportion of PCYC visitors are from disadvantaged backgrounds and experience a range of complex issues within their families and communities and these projects are aimed at providing fun diversionary programs for young people to engage in.

I highly recommend anyone who is unsure of their career options to consider looking at the courses that various universities offer. There are a number of interesting degrees out there and the experiences and the relationships which you will make are invaluable. (Rachel Bower)

Great Southern Clontarf Academy

NEW YEAR, NEW START

Great Southern Clontarf Academy has opened for a new year and fresh start in 2014 with 11 new students and a new staff member.

Nine Year 8’s and two Year 9’s are already in full swing with morning training, breakfast, Academy activities and plenty of new friends.

Thomas Dimer has joined the team as an Operations Officer and Phil Gilbert as the new Director following Andrew McGovern’s move to the Girrawheen Clontarf Academy in Perth.

All students are looking forward to an exciting year ahead in the Academy filled with camps, football games, education and community activities.

Our new students are:

**Year 8**
- Brody Elphick
- Callan Mortimer
- Adrian Hardy
- David Kelly
- Tristan Loo
- Anthony Turner

**Year 9**
- Dwayne Thorne
- Kyle Williams
- Jordan Pinner
- Keenan Coyne
- Chris Ward